JEOPARDY!

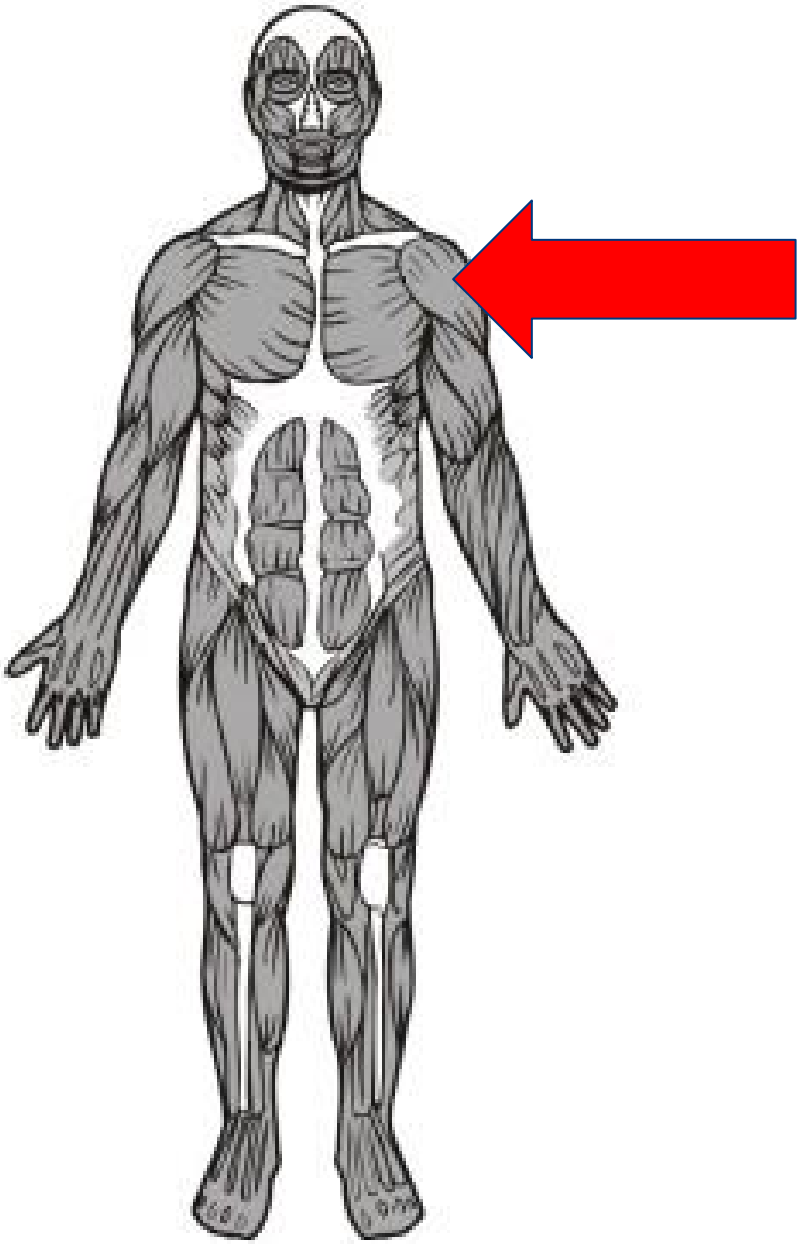
Muscles

CC BY NC

JEOPARDY BOARD

FINAL JEOPARDY

Name That Muscle	What do I do	Lifting is a process	Ouch that Hurts	Money Talks
$100	$100	$100	$100	$100
$200	$200	$200	$200	$200
$300	$300	$300	$300	$300
$400	$400	$400	$400	$400
$500	$500	$500	$500	$500



Name That muscle

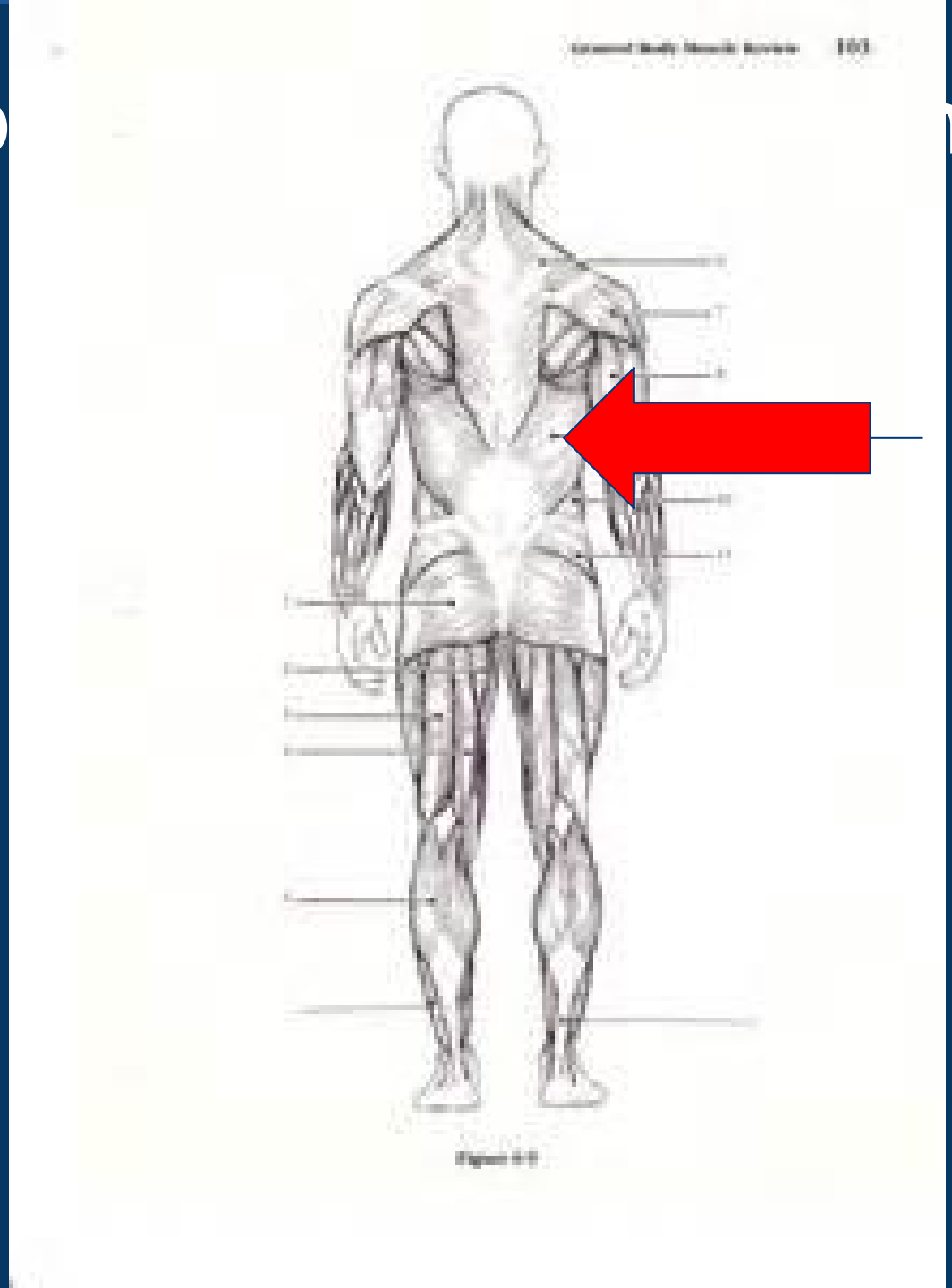
ck to see answer

Topic 1 - $100 Answer

Deltoid

Click to return to Jeopardy Board

To n



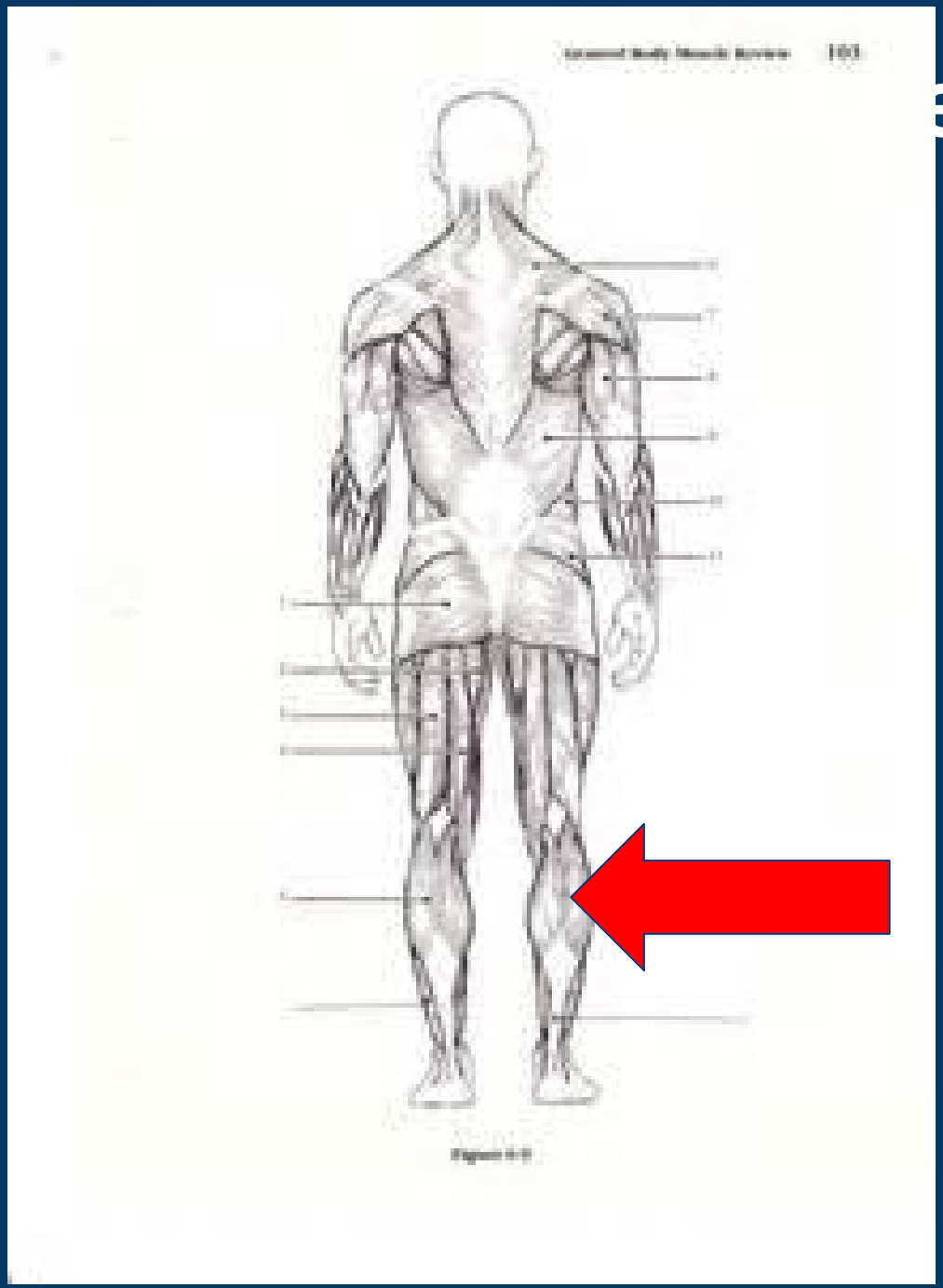
The arrow is pointed to this muscle.

Click to see answer

Topic 1 - $200 Answer

Lats

Click to return to Jeopardy Board



estion

The triangle is pointed to the correct name for this muscle.

Click to see answer

Topic 1 - $300 Answer

Gastrocnemius

Click to return to Jeopardy Board

Topic 1 - $400 Question

The rectus abdominous are what type of muscle that bends the body to a greater or less angle.

Click to see answer

Topic 1 - $400 Answer

Flexor

Click to return to Jeopardy Board

Topic 1 - $500 Question

The pectoralis major are what type of muscle because of how it brings bones either to or from the midline.

Click to see answer

Topic 1 - $500 Answer

Adductor

Click to return to Jeopardy Board

Topic 2 - $100 Question

This muscles job is to flex the elbow.

Click to see answer

Topic 2 - $100 Answer

Biceps

Click to return to Jeopardy Board

Topic 2 - $200 Question

The job of this protein is to pull its counter protein closer to the sarcomere.

Click to see answer

Topic 2 - $200 Answer

Myosin

Click to return to Jeopardy Board

Topic 2 - $300 Question

The job of this is to connect muscle to bone.

Click to see answer

Topic 2 - $300 Answer

Tendon

Click to return to Jeopardy Board

Topic 2 - $400 Question

The job of these cells is to fix muscle tissue and donate its nuclei to do so.

Click to see answer

Topic 2 - $400 Answer

Daughter Cells

Click to return to Jeopardy Board

Topic 2 - $500 Question

The job of this cell is to see muscle tears and alert cells to fix it.

Click to see answer

Topic 2 - $500 Answer

Satellite cells

Click to return to Jeopardy Board

Topic 3 - $100 Question

This is the process of a muscle increasing its size.

Click to see answer

Topic 3 - $100 Answer

Hypertrophy

Click to return to Jeopardy Board

Topic 3 - $200 Question

These two types of muscles can get stronger as you work out more

Click to see answer

Topic 3 - $200 Answer

Cardiac and skeletal

Click to return to Jeopardy Board

Topic 3 - $300 Question

This is the process in which thick and thin filaments bind and cause the sarcomere to contract.

Click to see answer

Topic 3 - $300 Answer

Flexing

Click to return to Jeopardy Board

Topic 3 - $400 Question

This is the scientific name for when you throw up?

Click to see answer

Topic 3 - $400 Answer

Reverse peristalsis

Click to return to Jeopardy Board

Topic 3 - $500 Question

This is the two theory's of cramping looked at in class.

Click to see answer

Topic 3 - $500 Answer

Electrolyte depletion theory
Muscle fatigue theory

Click to return to Jeopardy Board

Topic 4 - $100 Question

This is another name for a grade 1 muscle tear.

Click to see answer

Topic 4 - $100 Answer

Strain

Click to return to Jeopardy Board

Topic 4 - $200 Question

This is the injury when the brain get a bruise from banging into the skull

Click to see answer

Topic 4 - $200 Answer

Concussion

Click to return to Jeopardy Board

Topic 4 - $300 Question

This thing stabilizes the knee and is one of the worst injuries you can have as an athlete.

Click to see answer

Topic 4 - $300 Answer

ACL

Click to return to Jeopardy Board

Topic 4 - $400 Question

This is when the tendon in the forearm becomes inflamed.

Click to see answer

Topic 4 - $400 Answer

Tennis/Golfers Elbow

Click to return to Jeopardy Board

Topic 4 - $500 Question

This is an imbalance of the muscles near the knee that can be caused by falling on the knee.

Click to see answer

Topic 4 - $500 Answer

Patellofemoral Syndrome

Click to return to Jeopardy Board

Topic 5 - $100 Question

Who would benefit the most from a study that electrolytes definitely cure cramps?

Click to see answer

Topic 5 - $100 Answer

Gatorade

Click to return to Jeopardy Board

Topic 5 - $200 Question

When a college player gets injured name three ways in which the injured player costs the college money?

Click to see answer

Topic 5 - $200 Answer

Click to return to Jeopardy Board

Topic 5 - $300 Question

When a pro player gets injured name 3 groups of people that get hurt financially.

Click to see answer

Topic 5 - $300 Answer

Type answer here

Click to return to Jeopardy Board

Topic 5 - $400 Question

If Derrick Rose is making 14 Million dollars but only gets 70% of Normal Salary if Injured. How much less money does he take home after taxes if Taxed 35%.

Click to see answer

Topic 5 - $400 Answer

5.67 Million Less

Click to return to Jeopardy Board

Topic 5 - $500 Question

What are three ways in which a player can lose money by getting severely injured.

Click to see answer

Topic 5 - $500 Answer

Type answer here

Click to return to Jeopardy Board

FINAL JEOPARDY!

Topic: How to succeed at sports.

Click to see question

Final Jeopardy Question

Not including fast twitch vs slow twitch muscles name 3 other factors of success when competing in a sports activity. (From Powerpoint)

Click to see answer

Final Jeopardy Answer

Type answer here

Click to return to Jeopardy Board